

**ST JOSEPH AND ST PATRICK'S WEMYSS BAY**  
**SECOND SUNDAY OF LENT 5 MARCH 2023**

<b>Weekend Masses</b>	<b>Daily Mass</b>
Confession Saturday 4.30pm	Monday - Friday 10am
Vigil 5pm	Exposition 9.30-9.50 am
Sunday 10am & 5pm	Station of the Cross Tuesday and Friday after Mass
Sunday 10am live streamed	All Masses live streamed

Parish YouTube channel at <https://bit.ly/stjstp>.

**Please remember in your prayers:**

**Sick:**, Grace McLare, Tony Doran, Kate Van der Linden, Philip McLaughlin, Pat Locke, Paula Clark, Paul Kearney, Anita Carter, Derek Fraser, Bernard Hampson, Elizabeth Carey, Miriam Slaven, Ella Lambert, Sophie Bevan and Marie Stevenson

**Recently died:**

**Anniversaries:** Sarah Hagan, Martin Brown and Annemarie Thorpe

**Lent Notices**

There will be Stations of The Cross after Mass on Tuesdays and Fridays.  
Prayer cards are at the back of the church for anyone wishing to do the Stations privately.

The SCIAF boxes are at the back of the church, please take one

**Passover Meal**

We are hosting the annual Passover Meal this year, Monday of Holy Week, 3<sup>rd</sup> April. We will be joined by the Skelmorlie and Inverkip Parish Churches. This is a lovely meal as well as an ecumenical occasion.

The list for applications is at the back of the Church

**St Patrick's Night**

Tickets for the St Patrick's night social in the hall will be on sale after all Masses.  
A great break from all the penance!

***Teas in the Hall after 10am Sunday Mass***

*As you probably know there are teas in the hall every Sunday morning served by parishioners. They are now looking for volunteers so they can restart a rota. Anyone interested can contact Joan Riddell Email [joanzieriddell@gmail.com](mailto:joanzieriddell@gmail.com) or telephone 07500 665522*

**Heartstart Training**

The next Heartstart training will take place on 30th March. Please email Christine Malcolmson [christine.malcolmson@sky.com](mailto:christine.malcolmson@sky.com) if you're interested.

## Liturgical Word of the Week

**Fasting:** Fasting and abstinence are penitential practices that deny us food and drink during certain seasons and on certain days. These acts of self-denial are aimed at freeing ourselves from worldly distractions, to express our longing for Jesus and to somehow imitate his suffering.

**Benedictine Father Dom Prosper Gueranger** wrote about Lent in "The Liturgical Year" (1887): "Lent, then, is a time consecrated, in a special manner, to penance, and this penance is mainly practiced by fasting."

### Diocese of Paisley Lenten Catechesis 2023 - Jesus: The Source of Eternal Life - St. Mirin's Cathedral, 2.00-4.00pm

Remembering our popular Lenten Catechesis of 2015, the diocese will be holding two Lenten Catecheses to prepare us for the Easter Season. Again, this can be a lovely Lenten penance for those who are wondering what to do this year. **Sunday 12th March**, Third Sunday of Lent, **Bishop High Gilbert of Aberdeen** will reflect on *Jesus and the Woman at the Well*

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### Dates for the Diary

<b>Tuesday 7th March</b>	7pm Safeguard Training Part one Diocesan offices.
<b>Wednesday 8th March</b>	7pm International Women's Day <a href="http://www.paxchristiscotland.org/">www.paxchristiscotland.org/</a>
<b>Thursday 9th March</b>	7 pm Parish Pastoral Council meeting in the hall.
<b>Sunday 12th March</b>	Lenten Catechesis 2023 - St. Mirin's Cathedral, 2.00-4.00pm
<b>Friday 17th March</b>	St Patrick's night in the hall.
<b>Thursday 23rd March</b>	7pm Padre Pio Mass St Francis Port Glasgow
<b>Sunday 26th March</b>	Lenten Catechesis 2023 - St. Mirin's Cathedral, 2.00-4.00pm

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### Pope Francis Intention for March

For Victims of Abuse We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

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**The Bishops' Conference of Scotland** has today issued a statement on conscience and religion in the political sphere. In the statement, the conference state: "holding or expressing religious beliefs and values does not and should not debar any individual from leadership in public office". Catholic Parliamentary Office [office@rcpoltics.org](mailto:office@rcpoltics.org)

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### Fr Berry's Philosophical Corner

What do you call a bear caught in a spring shower?  
A drizzly bear.

Our parish safeguarding co-ordinators are;

**Hazel Mitchell** 01475 529510. Mob : 07530 406 181 [hazel.mitchell007@btinternet.com](mailto:hazel.mitchell007@btinternet.com)

**Julia Gibson** [Mob 07816910126](tel:07816910126) [gibsonjulia35@gmail.com](mailto:gibsonjulia35@gmail.com)

**For notices in the bulletin**, suggestions, comments or help with anything, please contact Brian Blackaw at [brianeblacklaw@icloud.com](mailto:brianeblacklaw@icloud.com) or phone 07939152980

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**Dear St Joseph, Guardian of The Holy Family, watch over our Parish**

**St Patrick, pray for us.**